The approach to treating adolescents with eating disorders has been developing in Poland since the 1980s, and one of the centers that has been very active in this development is the Family Therapy Outpatient Unit operating within the University Hospital in Krakow. To date, treatment programs for eating disorders in adolescents have only been local in scope and have been developed independently at various centers. In recent years, there has been a need to regulate the mode and conduct of treatment for these patients at the level of national regulation. Recent months have therefore borne fruit in the efforts of a working group specially set up for this purpose, which, in cooperation with the Ministry of Health and the National Health Fund, has worked to develop nationwide procedures related to the treatment of this group of patients. This presentation will therefore be devoted to briefly outlining the results of the working group's work.